

GOVERNMENT OF WEST BENGAL
Department of Health and Family Welfare
Swasthya Bhavan (3rd floor) Wing -A
GN_29, Sector V, Salt Lake City, Kolkata-700 091

MemoNo.:HFW-35099/74/2022-SF/WB/ 606 .

Dated: 31/5/2022 .

To,
The CMOH (All Districts including Health Districts except Howrah, North 24 Parganas, Purba Bardhaman & Kalimpong)

The Medical Superintendent-cum-Vice Principal
Rampurhat GMCH/ B C Roy PGIPS

Sub :- Comprehensive planning for improvement of the quality of the services of Nutrition Rehabilitation Centers (NRCs)

Sir/Madam,

In reference to address the high predominance of SAM in the state and improvement of the performance in the functional NRC, the following guidelines for facility-based management of Severe Acute Malnourished (SAM) under the NRCs will be implemented by the functional NRCs of the State:

1. **Facility based Screening:** Nutritionist or Medical Social Worker of the NRC will attend the OPD everyday and screen the sick under five children attending the OPD. These identified children will be counseled and admitted in the NRC. NRC staffs will continue the regular four field visit per month as per norms.
2. **Management of admitted SAM by On duty MO in NRC:** To provide proper care and management to the admitted Severe Acute Malnourished (SAM) children with medical complication (having any type of internal infection, fever, diarrhoea etc), On duty Medical Officer (MO) in the existing facility having NRC will visit NRC twice daily and intensively monitor the SAM management in the respective facility.
3. **Role Nodal MO:** The Nodal MO is already designated (Memo no. HFW-35099/34/2021-SFWB SEC/291 dated 15.03.2021 and revised list enclosed) will visit the NRC and will monitor all the registers used in the NRC on weekly basis. It is to be ensured that the cure rate of the NRC should be improved by the stringent supervision of Nodal MO.
4. **Tagging of the NRC with tertiary health facility:** To provide more clinical support, investigation and management of the complicated or sick SAM admitted in the NRCs, every NRC has been tagged with nearest tertiary health facility. (List enclosed as per the order published on with memo no. HFW-35099/34/2021-SFWB SEC/400 dated 05.04.2021 and Memo No: CMOH /JGM./20211/1814 dated 16.04.2021). In case of routine investigation or better management or any emergency, the sick SAM may be taken to the tertiary health facility during his/her stay in the NRC. The mobility support in this regards will be arranged by the existing facility where NRC is located.
5. **Weekly Tele-consultation with the pediatrician:** The NRCs which do not have collocated pediatric ward in the facility, the weekly tele-consultation (as per order no. HFW-35099/34/2021-SFWB SEC/400 dated 05.04.2021) can be done preferably on Wednesday of every week with the tagged tertiary health facility for providing clinical support and growth faltering in management of the complicated SAM children admitted in the NRC.

6. Management for SAM in Waiting list:

SAM children who are not getting admitted after screening due to scarcity of the bed in the NRC, the list of SAM children may be shared with ASHA workers of the respective sub centers so that they can follow up the nutritional status of children. Nutritionist should keep monitoring the status of the SAM by ASHA and bring them to the NRC as soon as the NRC bed will be available.

7. Management for SAM who refuse to admit in NRC:

The list of SAM children without complication who refuses to admit in the NRC and MAM children have to be shared with the ASHA workers of the respective sub centers for monitoring the health status.

8. Follow up of SAM children: After discharge of the SAM children from NRC, the four follow up in the NRC may remain continue.

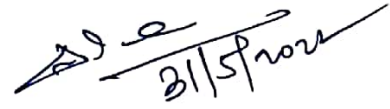
9. Sensitization on management of malnourished children under six months:

During the fourth Saturday Block level meeting, sensitization on early initiation of breastfeeding and exclusive breastfeeding may be done with the ASHA and ANM to reduce the probability of getting malnourished of the under six months children.

10. Vacancy fill up: Vacancy for all the staffs in the NRC and allocation of the in service nursing staff (Order No. HFW-35099/111/2019-SFWB SEC (DHS) (HFW)/692 dated 03.06.2019) in the NRC will have to be done as soon as possible.

Deputy CMOH-III and DPHNO are requested to monitor the implementation of the aforesaid guidelines and to furnish the findings in the quarterly review meeting.

This has the approval of the higher authority.



**State Family Welfare Officer & Jt. DHS
Govt. of West Bengal**

MemoNo.:HFW-35099/74/2022-SFWB 1606/1(11)

Dated: 31.05.2022

Copy forwarded for information to the :

- 1) Mission Director, NHM & Secretary, Health & Family Welfare Department, Govt. of West Bengal
- 2) Director of health Services, Health & Family Welfare Department, Govt. of West Bengal
- 3) Addl. Mission Director, NHM & Jt. Secretary, Health & Family Welfare Department, Govt. of West Bengal
- 4) State Family Welfare Officer & Jt. DHS FW
- 5) Commissioner IT, Health & Family Welfare Department, Govt. of West Bengal
- 6) Deputy CMOH-III (All Districts including Health Districts except Howrah, North 24 Parganas, Purba Bardhaman & Kalimpong)
- 7) DPHNO (All Districts including Health Districts except Howrah, North 24 Parganas, Purba Bardhaman & Kalimpong)
- 8) Nutrition Rehabilitation Centers (All)
- 9) Ms. Farheen Khurshid, Nutrition Specialist, UNICEF
- 10) Dr. Nivedita Das and team SRCN
- 11) State Nutrition Support Cell



**DADHS(CH)
Govt. of West Bengal**