

Government of West Bengal
Department of Health & Family Welfare

Memo. No H& FW-180/20

Dated- 12/06/2020

SOP for Management of Safe Home for Asymptomatic/Mild Covid-19 Cases

As per current health protocol for management of COVID-19 positive cases, home isolation is allowed for asymptomatic/mild symptomatic cases subject to fulfillment of certain conditions. However, it has been found that in certain situations, specially in the rural areas, home isolation is not be possible/advisable and such covid positive persons are also interested to shift to an isolation centres.

Hence, it has been decided that such cases may be admitted to **Safe Home: A Covid Care Facility**, having proper isolation and basic treatment facilities just sufficient to manage mild symptoms of COVID-19. Following will be the Standard Operating Procedure for management of these safe homes:

- Only the asymptomatic/mild symptomatic COVID positive patients can kept in a safe home.
- These safe homes will be attached to the nearest Block Hospital and tagged with a dedicated COVID hospital.
- BMOH of the concerned Block will be overall responsible for the patients care.
- A team of medical personnel consisting of medical Officer (RBSK-MO or else) and ANM/Staff nurses will visit these centres twice daily at a fixed time.
- Basic clinical parameters such as temperature, pulse, BP, breathing rate, oxygen saturation etc. will be monitored. Adequate number of pulse oximeters have been supplied for this purpose.
- The Top Sheet (ref.- Revised Management Protocol for Covid-19 dated 11.05.2020) will be maintained and signed by the concerned Nurse & MO after every visit. For HCQ therapy, the Revised Management Protocol dated 11.05.2020 will be followed.
- In case a patient condition deteriorates/oxygen saturation level falls below 95%, he/she will be admitted to the dedicated covid hospital. Dedicated ambulance will be tagged to these centres for this purpose.
- Arrangements of proper communication and emergency care will also be properly established.
- The BMOH of the concerned Block will maintain the treatment and investigation records and the patient's relative may get the information from the BPHC concerned.
- Standard infection control practices and bio-medical waste management system as applicable for Covid-19, will be followed.
- Proper sanitation and drinking water arrangements should be available.



- Adequate no. of protective equipments and other necessary logistics will be made available for the health care providers including the scavengers.
- The family of the patient will be allowed to supply food maintaining adequate distancing from the positive cases. In case same is not possible, diet will be provided by the local administration as done in the case of institutional quarantine arrangement of migrant labours.
- If the patient remains asymptomatic till the 14th day from the date of collection of initial sample, he will be released from the safe home.
- If the case suffers from mild fever during his stay in the Safe Home, he will be released after he is free from fever for consecutive 3 days (without anti-pyretic medicine) but not before the 15th day from the date of collection of sample (for test of SARS-CoV-2).
- No follow-up test for COVID 19 will be required for the cases in Safe Home.

Dr. [Signature]

Government of West Bengal
Department of Health & Family Welfare
SwasthyaBhawan (Wing - B, 1st Floor)
Block - GN, No: 29, Sector V, Saltlake, Kolkata - 700091

Memo No. HPH/9M-21/2020/164

Dated: 23.07.2020

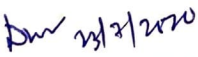
To

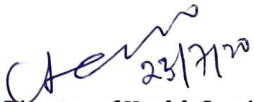
1. The Principal (Medical College, Kolkata/ Murshidabad Medical College, Murshidabad)
2. The CMOH (All Districts & Health Districts)
3. The Superintendent (All COVID Hospital)

Sub: - Safe Home Services

In the background of the overarching importance of Safe Homes as COVID Care facilities, the SOP already circulated, need to be followed meticulously. While the general administration is providing support in respect of Housekeeping, scavenging diet and allied services, the following points may be specifically adhered to :

- Each Safe Home is to remain tagged to a COVID Hospital and will function under the overall umbrella of the same.
- A patient is to be shifted to the identified COVID hospital on aggravation of symptoms; on the other hand patients at COVID hospitals may be transferred to the Safe Home on alleviation of symptoms.
- Medical teams comprising of GDMO, MO (RBSK) and Nursing personnel will be responsible for health care at these facilities and round the clock vigil will be maintained.
- Key clinical parameters inclusive oxygen saturation levels are to be monitored and recorded in the Top Sheet which must be maintained for each patient.
- For facilities with above 50 inmates, medical teams are to be stationed at the facility in shifts. Ambulance also to be stationed at the facility.
- For facilities with capacities of 50 and below, twice daily rounds will be the norm.
- Samples for all necessary investigations to be collected at site and transported to the tagged laboratory.
- A dedicated nodal officer will be designated for Care support and Treatment services at each Safe Home.
- The CMOH may ensure the smooth functioning of all Safe Homes


Director of Medical Education
West Bengal


Director of Health Services
West Bengal