

Government of West Bengal
Health & family Welfare Department
Swasthya Bhawan, Block GN-29, Sector V
Salt Lake City, Kolkata – 91

Memo No: HPH/10P-03/2018/609

Dated: 26.09.2020

To

The Principal, Medical College and Hospital, Kolkata / Murshidabad Medical College and Hospital
The Chief Medical officer of Health (All District and Health District, West Bengal)
The Superintendents (All Covid Hospitals, West Bengal)
The Director / CEO / Medical superintendent (All Private COVID Hospitals, West Bengal)
Sub: Advisory on Protocol Management for COVID – 19 Patients

The experts from the Protocol Monitoring Team as deputed by the Department of Health and Family Welfare, Government of West Bengal visited some COVID hospitals and noted certain lacunae in practice which need urgent rectification. On the basis of their observations, following recommendations are made:

1. Steroids have shown to decrease mortality by 33% in patients on ventilation and by 20% on patients on oxygen therapy. Use in mild cases shows no significant role.
2. Methyl prednisolone or dexamethasone should be started in moderate to severe diseases where oxygen requirement is increasing or inflammatory markers are increasing and should be started preferably within 48 hours of admission.
3. Larger doses and longer duration of steroid are avoided as it can delay the recovery from Covid-19 due to immuno- suppressive action.
4. Anticoagulation, preferably LMWH, should be started as Venous ThromboEmbolic (VTE) prophylaxis for all high-risk Covid 19 patients i.e. patients with multiple co-morbidities and moderate/severe Covid 19 without any comorbidity unless there is a contraindication.

These recommendations, if properly practised, will improve patient outcome. During subsequent visits teams will specifically check if these suggestions have been implemented.



Director of Medical Education
Government of West Bengal
Memo No: HPH/10P-03/2018/609(7)/1



Director of Health Services
Government of West Bengal
Dated: 26.09.2020

Copy forwarded for kind information and necessary action:

1. The Mission Director, NHM, Department of Health & Family Welfare, Govt of West Bengal
2. The Medical Superintendent cum Vice Principal (All)
3. The DDHS (Admin), Department of Health & Family Welfare, Govt of West Bengal (He is requested to inform the Clinical establishments).
4. DDHS (PH), Department of Health & Family Welfare, Govt of West Bengal
5. The Dy Chief Medical Officer of Health – II (All Districts and Health Districts)
6. The Senior PA to the Secretary, Department of Health & Family Welfare, Govt of West Bengal
7. Office Copy



Director of Medical Education
Government of West Bengal



Director of Health Services
Government of West Bengal