

**Government of West Bengal**  
**Health & family Welfare Department**  
**Swasthya Bhawan, Block GN-29, Sector V**  
**Salt Lake City, Kolkata – 91**

**Memo No: HPH/10P-03/2018/566**

**Dated: 26.07.2020**

**To**

**The Principal, Medical College and Hospital, Kolkata / Murshidabad Medical College and Hospital**  
**The Chief Medical officer of Health (All District and Health District, West Bengal)**  
**The Superintendents (All Covid Hospitals, West Bengal)**  
**The Director / CEO / Medical superintendent (All Private COVID Hospitals, West Bengal)**  
**Sub: Advisory on Protocol Management for COVID – 19 Patients**

The experts from the Protocol Monitoring Team as deputed by the Department of Health and Family Welfare, Government of West Bengal visited some COVID hospitals and noted certain lacunae in practice which need urgent rectification. On the basis of their observations, following recommendations are made:

1. There are insufficient data from randomized trials with clinical outcomes and/or no evidence from validated laboratory endpoints to recommend immunomodulators for the treatment of COVID-19 worldwide. Therefore it is advised not to use immunomodulators randomly treating Covid 19.
2. Use of Tocilizumab may reduce the risk of invasive mechanical ventilation or death in patients with severe COVID-19 pneumonia but everyone should keep in mind that it can cause significant neutropenia which may invite secondary infection.
3. Covid 19 patients should be dialyzed in dedicated COVID unit and stay admitted as per Guideline. SLEDD should be considered for hemodynamically unstable and multiorgan failure patients. CRRT can also be useful if available. Hemodynamically stable patients requiring HD may be managed by intermittent hemodialysis.
4. As patient's relatives aren't allowed to visit patients with COVID-19 in the hospital, institutions are advised to connect family members through phone calls and video chats to stay in touch with a hospitalized relative. These recommendations, if properly practiced, will improve patient outcome. During subsequent visits teams will specifically check if these suggestions have been implemented.



**Director of Medical Education**  
**Government of West Bengal**  
**Memo No: HPH/10P-03/2018/566(7)/1**



**Director of Health Services**  
**Government of West Bengal**  
**Dated: 26.07.2020**

Copy forwarded for kind information and necessary action:

1. The Mission Director, NHM, Department of Health & Family Welfare, Govt of West Bengal
2. The Medical Superintendent cum Vice Principal (All)
3. The DDHS (Admin), Department of Health & Family Welfare, Govt of West Bengal (He is requested to inform the Clinical establishments).
4. DDHS (PH), Department of Health & Family Welfare, Govt of West Bengal
5. The Dy Chief Medical Officer of Health – II (All Districts and Health Districts)
6. The Senior PA to the Secretary, Department of Health & Family Welfare, Govt of West Bengal
7. Office Copy



**Director of Medical Education**  
**Government of West Bengal**



**Director of Health Services**  
**Government of West Bengal**