

Government of West Bengal
Health & family Welfare Department
Swasthya Bhawan, Block GN-29, Sector V
Salt Lake City, Kolkata – 91

Memo No: HPH/10P-03/2018/569

Dated: 29.07.2020

To

The Principal, Medical College and Hospital, Kolkata / Murshidabad Medical College and Hospital
The Chief Medical officer of Health (All District and Health District, West Bengal)
The Superintendents (All Covid Hospitals, West Bengal)
The Director / CEO / Medical superintendent (All Private COVID Hospitals, West Bengal)

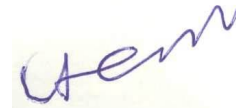
Sub: Advisory on Case Management for COVID – 19 Patients

The experts from the Protocol Monitoring Team as deputed by the Department of Health and Family Welfare, Government of West Bengal visited some COVID hospitals and noted certain lacunae in practice which need urgent rectification. On the basis of their observations, following recommendations are made:

1. Hydroxychloroquine should be used for mild symptomatic cases with risk factors like Age > 60 years, Chronic Lung Diseases, Chronic Liver Disease, Chronic Kidney Disease, Hypertension, Cardiovascular Disease, Cerebrovascular Disease, Diabetes, HIV, Cancers etc. (Dose: 400mg BD on Day 1, followed by 400 mg OD for 4 Days) . Prior ECG must be done to exclude QTc prolongation. HCQs not needed for asymptomatic or mildly symptomatic cases with no risk/ comorbidity.
 2. On admission for mild cases basic routine investigations are needed like complete hemogram, blood glucose, liver function test, creatinine, chest X-ray, ECG.
 3. If Chest X ray becomes inconclusive or negative but suspicion is high, CT Scan Chest (Non-contrast) may be useful. But to confirm the diagnosis, nasopharyngeal and oropharyngeal swabs for RT PCR or other recommended methods are mandatory as per protocol.
 4. Donning and doffing of PPEs must be done in separate areas with separate entry and exit. Institutions are advised to identify proper donning and doffing areas with hand washing facilities.
- These recommendations, if properly practiced, will improve patient outcome. During subsequent visits teams will specifically check if these suggestions have been implemented.



Director of Medical Education
Government of West Bengal
Memo No: HPH/10P-03/2018/569(7)/1




Director of Health Services
Government of West Bengal
Dated: 29.07.2020

Copy forwarded for kind information and necessary action:

1. The Mission Director, NHM, Department of Health & Family Welfare, Govt of West Bengal
2. The MSVP (All Medical Colleges)
3. The DDHS (Admin), Department of Health & Family Welfare, Govt of West Bengal (He is requested to inform the Clinical establishments).
4. DDHS (PH), Department of Health & Family Welfare, Govt of West Bengal
5. The Dy Chief Medical Officer of Health – II (All Districts and Health Districts)
6. The Senior PA to the Secretary, Department of Health & Family Welfare, Govt of West Bengal
7. Office Copy



Director of Medical Education
Government of West Bengal



Director of Health Services
Government of West Bengal